

# Curriculum Vitae Lark Eshleman, Ph.D.

#### CONTACT INFORMATION

Lark Eshleman
Eshleman Mental Health Consulting
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## **EDUCATION**

- B.A., English & American Literature, Utica College of Syracuse University, December 1972.
- Masters of Library Science, State University College, Geneseo, New York, June, 1975.
- Masters of Psychology, Millersville University, Millersville, PA, December 1992.
- Ph.D., Clinical Psychology, Union Institute & University, Cincinnati, OH, October 1998.

## PROFESSIONAL QUALIFICATIONS

- Board Certified in Child Trauma, American Academy of Experts in Traumatic Stress & National Center for Crisis Management (2019)
- Re-Entry for Prisoners Mediation Training for Community Mediation Maryland Certificate (2016)
- Mediation Training for Community Mediation Maryland Certificate (2012)
- EMDR Certification, Advanced Level, APA Approved (2005)
- EEG Biofeedback Practitioner Training, APA Approved (2004)
- Board Certified in Domestic Violence, American Academy of Experts in Traumatic Stress (joined 2001)
- Critical Incident Stress Management Certification, (1997)
- Theraplay® Institute, Chicago, IL, Intermediate Level, APA approved (1997)
- Certification, School Psychologist, Pennsylvania (earned, 1994)

#### **EMPLOYMENT HISTORY**

- **2017-2020**, Founder and CEO, ACTWell for Families, a Benefit Corporation of About Child Trauma Foundation
- **2015 2021**, Founder and Director, About Child Trauma Foundation, Non-Profit Educational & Research Corp
- **2014-Present**, Consultant and Educator/Trainer for State of Delaware Division of Children, Youth and Families, Wilmington, DE.
- 2010-Present
  - Educator, Consultant, and Owner, Eshleman Mental Health Consulting,
  - Court consultant regarding child placement
  - Evaluator regarding child trauma and recommendations for treatment
  - Professional trainer regarding child trauma
  - o Professional trainer regarding attachment, causes, diagnosing, treatment
  - o Parent workshops leader for parents of children with trauma and attachment issues
  - Columnist/author for adoptive and foster care publications
  - Consultant, A Better Chance for Our Children, Adoption agency and Parent/Professional Training Non-Profit Organization, Wilmington, DE
  - Leader, Group Consultation, New Jersey/Delaware-based Clinical Social Workers
  - Leader, Mental Health Professional Group Consultation, Lancaster, PA
- 2000-2010 Founder and Director, Institute for Children and Families, West Chester, Lancaster, PA
- 2004 Adjunct Faculty, Neumann College, Aston, PA
- 2002-2005 Adjunct Faculty, Central Pennsylvania Psychiatric Institute, College of Medicine, Milton S Hershey Medical Center.
- **1997 -2001** Chief, Program Development, \$425,000 HHH Grant Rotary International Project for children of war, approximately one year total spent in Croatia and Serbia developing/field testing the program, working mainly in Eastern European orphanages, Headquartered, Zagreb, Croatia
- 1994-2000 Psychotherapist, Life Management Associates, Lancaster, PA
- 1981-1991 Head, Lower School, Lancaster Country Day School, Lancaster, PA

## **BOOKS, DVD PUBLICATIONS**

- Gordon, Jane, & Eshleman, Lark, (2018). An interactive, dyadic coloring book to address relationship trauma healing. For All Seasons Mental Health Organization, Easton, MD.
- Eshleman, Lark, 2020 re-edit copyright-pending (2001,). "Traumatized Children: Building Trust. A mental health professional training group healing program for traumatized children." Rotary International, Illinois.
- Eshleman, Lark (2006) *Becoming a Family: Promoting Healthy Attachments with Your Adopted Child.* First Paperback Edition. Lanham, MD: Taylor Trade Publishing.
- Eshleman, Lark. (2003). Becoming a Family: Promoting Healthy Attachments with Your Adopted Child. Lanham, MD: Taylor Trade Publishing.
- Eshleman, Lark & Institute for Children and Families. (2001). RAD: Solving the Puzzle.
   DVD. West Chester, PA: CVP Communications.

• Eshleman, Lark (1999). *Treating Emotional Trauma of Children Living in a War Zone*. Ann Arbor, MI: UMI Dissertation Services.

## OTHER PUBLICATIONS, INTERVIEWS

- Creator, Trauma Certification Program for Educators, PA (2019) (8 Courses, Approved, PA Department of Education)
- Columnist for Fostering Families (2011 2019)
- Therapeutic Parenting Journal, April 2015: "Child Abuse in Simple Terms." Attachment and Trauma Network.
- Contributing writer for *Adoption Today* magazine (2011, 2012): "Adopt Parenting Changes: Foster Health Attachments," April 2011, "Elusive Attachments," June 2012.
- Contributing writer for the Child Caring Column for the Boston Globe (2011-): "Neglected step-daughter has a long road ahead," January 2011.
- March 27, 2020, Highlighted Guest. "What Do Parents Do for Children Who Have Experienced Trauma?" WGAL. Lancaster, PA
- Healing Emotional Trauma: Treating the Wounded Child, 3<sup>rd</sup> ed. (2009)
- Author comes home to support book: Life &Times of Utica, (June 2006).
- For Lark Eshleman, a better approach to therapy for kids. Spotlight, Lancaster Sunday News (March, 2002).
- Good Stories on adoption issues: Guest Column: Daily Local News, Chester County, PA (2002)
- Trying to replace missing ties that bond: Lifestyle section, Intelligencer Journal Lancaster, PA, (April, 2000).
- Treating children suffering from war trauma: Health section, Philadelphia Inquirer, (August 1999).

## **AWARDS**

- "Angel Award," Founding Member, Education Development. Attachment & Trauma Network, 2016
- "Women Making History Awards," Greater Philadelphia Chapter, National Association of Women Business Owners, March, 2002
- Award of Excellence "Awarded 5- Star Commendation as Attachment Therapist for outstanding work in the field," Nancy Thomas Parenting, Oct. 2, 2001
- Telly Award, science and medicine division, for the 2001 video RAD: Solving the Puzzle
- 1999-2000 One of 10 "Rotarians of the Year," people highlighted at International Conference, Buenos Aires, Argentina

#### PROFESSIONAL MEMBERSHIPS

- Attachment & Trauma Network, Education & Founding Faculty (2014 Present)
- American Academy of Experts in Traumatic Stress (2001 Present)
- Pennsylvania Psychological Association (2011 2014)
- ATTACh (Association for Treatment and Training in the Attachment of Children) (2002-2013)

### PROFESSIONAL SUPERVISOR POSITIONS

- Verification of Fieldwork Supervision, National Board for Certification in Occupational Therapy, Fieldwork: Level 1, 240 hours, Clinical Fieldwork Supervisor, provided occupational therapy fieldwork supervision for six Elizabethtown College Students (2009-2010)
- Shippensburg University: Supervised Graduate-level interns (2005-2006)

## **VOLUNTEER AND COMMUNITY POSITIONS**

- Board of Trustees Member, Milanof-Schock Library, Mt Joy, PA, 2020
- Member, Trauma Informed Schools Initiative Steering Council, PA Department of Education, 2019 – Present
- Member, Presenter's List: Let's Talk Lancaster Collaborative, "Changing the Conversation about Mental Health," Penn Medicine and Lancaster General Health, 2018 – Present.
- Board of Director Member, Community Mediation Upper Shore (Kent, Queen Anne's, Cecil Counties, Maryland) 2010 - 2016
- Board of Director Member, ATTACh (Association for the Treatment and Training in the Attachment of Children 2002 - 2011
- Autism Human Rights and Discrimination Initiative, Steering Committee (2008-2010)
- Safe from the Start Task Force, Washington, DC. 1999-2000
- Director, Lancaster County Library Board of Directors, 1979 1982

## PRESENTATIONS, WORKSHOPS and APPEARANCES

- October 22, 2021, Presenter, Workshop Leader. "Isolation! How to Stay Connected When We Can't Be with Each Other." Elizabeth W. Murphey School. Dover, DE.
- October 11, 2021, Trainer. "Sensory Processing TIPs (Trauma Informed Practices) in Schools." Donegal School District. Mt Joy, PA.
- September 29, 2021, Keynote Speaker. "Year of Resilience." The Pennsylvania Council of Children, Youth & Family Services. Camp Hill, PA.
- September 26, 2021, Presenter. "Resilience in a New School Year." Elizabeth W. Murphey School. Dover, DE.
- September 15, 2021, Presenter. "Flip the Script: Sensory Processing for Families." Video Series for Parents. Commonwealth Charter Academy. Harrisburg, PA.
- August 27, 2021, Presenter. "Flip the Script: Sensory Processing for Families." Video Series for Parents. Commonwealth Charter Academy. Harrisburg, PA.
- August 13, 2021, Trainer. "Introduction to Trauma." Donegal School District. Mt Joy, PA.
- July 26, 2021, Trainer. "TIPs in the Classroom." Donegal School District. Mt Joy, PA.
- July 15, 2021, Trainer. "TIPs in the Classroom." Donegal School District. Mt Joy, PA.
- June 9, 2021, Presenter. "Sensory Processing TIPs in Schools." School District of Lancaster. Lancaster, PA.
- May 18, 2021, Presenter. "Building Resilience." Elizabeth W. Murphey School. Dover, DE.
  - May 8, 2021, Presenter. "Girl Power: Journaling as Empowerment." Elizabeth W. Murphey School. Dover, DE.
- May 6 & 7, 2021, Presenter. "Sensory Processing TIPs Workshop." Question and

- Answer Session. Commonwealth Charter Academy. Harrisburg, PA.
- March 29, 2021, Trainer. "Learning About Sensory Preferences." Commonwealth Charter Academy. Harrisburg, PA.
- March 27, 2021, Presenter. "Learning Sensory Preferences." Discussion. Elizabeth W. Murphey School. Dover, DE.
- March 22, 2021, Trainer. "TIPS in the Classroom." Central Fulton School District. McConnellsburg, PA.
- March 8 & 9, 2021, Trainer. "TIPS (Trauma Informed Practices) in the Classroom."
   Central Fulton School District. McConnellsburg, PA.
- March 4, 2021, Presenter. "Learning Sensory Preferences." Commonwealth Charter Academy. Harrisburg, PA.
- February 15, 2021, Presenter. "Creating Trauma Sensitive Schools." Attachment and Trauma Network. Atlanta, GA.
- January 23, 2021, Presenter. "Integrating The Healing Power of Synergy: Integrating NF with Other Attachment & Trauma Interventions to Multiply the Positive Effect." Northeast Region Biofeedback Society. Trooper, PA.
- January 15, 2021, Trainer. "Introduction to Emotional Trauma in Education."
   Question and Answer Session. Commonwealth Charter Academy High School. Harrisburg, PA.
- January 8, 2021, Trainer. "Introduction to Emotional Trauma in Education."
   Commonwealth Charter Academy Elementary and Middle School. Harrisburg, PA
- January 7, 2021, Presenter. "Integrating The Healing Power of Synergy: Integrating NF with Other Attachment & Trauma Interventions to Multiply the Positive Effect." Northeast Region Biofeedback Society. Trooper, PA.
- December 14, 2020. Presenter. "Identifying Trauma Among Our Students." Video Series for Educators. Commonwealth Charter Academy. Harrisburg, PA.
- December 9, 2020. Presenter. "Facilitator: Teaching During a Pandemic." Donegal School District. Mt Joy, PA.
- November 21, 2020. Presenter. "Gratitude: What Is It? Why Is It Important? How Do I Get It?" Elizabeth W. Murphey School. Dover, DE.
- November 11, 2020. Presenter. "Sensory Processing and Trauma: What's the Connection?" Central Fulton School District. McConnellsburg, PA.
- November 10, 2020, Presenter. "Facilitator: Teaching During a Pandemic." Donegal School District. Mt Joy, PA.
- October 12, 2020, Presenter. "Emotional Trauma and Attachment." Pennsylvania Link 8 Aging and Disability Resources. Williamsport, PA.
- October 12, 2020, Presenter. "TIPs in the Classroom." Donegal School District, High School. Mt Joy, PA.
- September 9, 2020, Presenter. "ACEs (Adverse Childhood Experiences) and What They Mean to All of Us" Mt. Joy Chamber of Commerce. Mt Joy, PA.
- August 17, 2020, Trainer. "TIPs in the Classroom." Central Fulton School District. McConnellsburg, PA.
- August 14, 2020, Presenter. "Introduction to Trauma." Donegal School District, Elementary School. Mt Joy, PA.
- August 12, 2020, Presenter. "Addressing Trauma by Building Resilience." Healthy Body Healthy Mind Institute. Pottstown, PA.
- August 3, 2020, Presenter. "Trauma in Our Schools." Donegal School District. Mt

- Joy, PA.
- July 30, 2020, Presenter. "What to Do When There's Nothing to Do?" Elizabeth W. Murphey School. Dover, DE.
- July 28, 2020, Presenter. "Trauma in Our Schools." Donegal School District. Mt Joy, PA.
- July 23, 2020, Presenter. "Trauma in Our Schools." Donegal School District. Mt Joy, PA.
- July 22, 2020, Presenter. "Trauma in Our Schools: Our Work as Administrators."
   Donegal School District. Mt Joy, PA.
- June 23, 2020, Presenter. "Trauma through Lifespan: The Hope of Resilience After Childhood Experience." National Association of Social Workers. Pennsylvania Link to Aging and Disability Resources. Lancaster, PA.
- June 18, 2020, Trainer. "Attachment in Trauma." Conestoga Valley School District. Lancaster, PA.
- June 17, 2020, Presenter. "ACEs Across the Life Span." Mental Health America, Support Program. Lancaster, PA.
- June 11, 2020, Presenter. "Trauma in Your Schools." Pequea Valley School Board. Kinzers, PA.
- May 28, 2020, Highlighted Guest. "Loving Children Well." The Someone To Tell It To Podcast. Harrisburg, PA.
- April 17, 2020, Presenter. "Teamwork and Support." Talent show. Elizabeth W. Murphey School. Dover, DE.
- April 9, 2020, Presenter. "Strengthening Cooperation Among Residents." Elizabeth W. Murphey School. Dover, DE.
- April 3, 2020, Presenter. "Emotional Trauma and Attachment." Linden Village. Lebanon, PA.
- February 27, 2020, Presenter. "Grumpy Monkey: Who's in Charge of Our Moods?"
   Elizabeth W. Murphey School. Dover, DE.
- February 20, 2020, Presenter. Pennsylvania Link to Aging and Disability Resources.
   "Emotional Trauma and Attachment Across the Age Span: A series of presentations."
   Berks, Lancaster, Lebanon Link, Lancaster, PA.
- February 18, 2020. Trainer. "Trauma in Schools," Donegal School District Board of Education training. Mt Joy, PA.
- February 16, 2020, Co-Presenter with Rosie Mann, R.N., "The Vagus Nerve in the Classroom: Polyvagal Theory in Action in Schools." Creating Trauma Sensitive Schools, 3<sup>rd</sup> Annual Conference, Atlanta, GA.
- December 3 & 30, 2019, Presenter/Workshop Leader. "The Invisible String: Maintaining connections with those who love us." Elizabeth Murphey School Staff and Residents, Dover, DE.
- October 28, 2019, Presenter/Workshop Leader. "Coloring in Pairs: Bringing us closer to trust." Elizabeth Murphey School Staff and Residents, Dover, DE.
- October 14, 2019, Presenter, "Emotional Trauma: what is it and why do we need to know about it"? for Non-Teaching Staff; Donegal School District, Mt Joy, PA.
- August 20, 2019, Co-Presenter with Jane Gordon, LCPAT, ATR-BC, Art Therapist, "Interacting with Families: Boosting healthy behavior through strong attachment, reducing difficult behaviors," Part 4, "Working with Families, from Assessment through outcomes: a Training and Workshop Series" for Caroline County Dept of Social Services, Denton, MD.

- August 14, 2019, Keynote Presenter, Healthy Bodies, Healthy Minds Institute Annual Conference, Pottstown, PA.
- August 14, 2019, Workshop Presenter: "The Role of Resilience in Overcoming Early Trauma." Healthy Bodies, Healthy Minds Institute Annual Conference, Pottstown, PA.
- August 8, 2019, Co-Presenter with Wynne Kinder, M.Ed., "Relationship Building in School, Home, and Therapy, Highlighting Mindfulness," Part 3, "Working with Families, from Assessment through outcomes: a Training and Workshop Series" for Caroline County Dept of Social Services, Denton, MD.
- July 30, 2019, Co-Presenter with Rosie Mann, RN, CCPT, CTS, "Interventions that Work," Part 2 "Working with Families, from Assessment through outcomes: a Training and Workshop Series" for Caroline County Dept of Social Services, Denton, MD.
- July 16, 2019, Presenter, "Assessments: Identifying attachment disruption and other emotional traumas," Part 1, "Working with Families, from Assessment through outcomes: a Training and Workshop Series" for Caroline County Dept of Social Services, Denton, MD.
- July 12, 2019, Leader/Trainer, "What about Trust: how is it broken, is it our fault, and how can we get it back?" Elizabeth Murphey School, Dover, DE
- February 6, 2019, January 15, 2019, Leader/Trainer, "What Is Trust, How Do We Get It, Why Do We Need It?" Elizabeth Murphey School, Dover, DE.
- February 4, 2019, Presenter, "Child Trauma in Our Community" HUB, Donegal, Lancaster County, PA.
- January 25, 2019, Team Leader, "Legislative Fact Sheet Committee," Let's Talk Lancaster", LH Health, Lancaster County, PA
- January 15, 2019, Leader/Trainer, "Managing Emotions: what is 'moodiness' and what do we do with it?" Elizabeth Murphey School, Dover, DE.
- December 27, 2018, Leader/Trainer, "Why Do Holidays Hurt So Badly?" Elizabeth Murphey School, Dover, DE.
- November, December 2018, Developer/Trainer First AboutChildTrauma Foundation Professional Certification Program for Attachment Trauma, Department of Social Services, Division of Family Services, Caroline County, MD.
- October 2, 2018, Trainer and Workshop Leader, "Resilience in Foster Care Transition"
   The Elizabeth Murphey School, Dover, Delaware.
- September 14, 2018, Leader, Professional Consult Group, "Attachment in Therapy: Integrating Trauma Work in Ongoing Treatment." Lancaster County, PA.
- July 18, 2018, Presenter, "Follow-up to Children of War Program," Rotary Club of Lancaster, PA.
- April 12, 2018, Workshop Presenter, "Bumps in the Attachment Road: Hands-on Help" South Central Coalition of Foster Care Providers," Harrisburg, PA.
- March 5, 2018, Workshop Presenter, "Hands On Help: Practical At-Home Help for Adoptive, Foster, and All Families of Children with Early Trauma". About Child Trauma Foundation, Elizabethtown College, Elizabethtown, PA.
- April 19, 2017, Keynote Speaker, "Recharge for Resilience," Nebraska Department of Health and Human Services, Nebraska Maternal, Infant & Early Childhood Home Visiting (N-MIECHV), Kearney, NE.
- April 19, 2017, Workshop Leader, "Hands-On Help with Children of Attachment Trauma," Nebraska Department of Health and Human Services, Nebraska Maternal, Infant & Early Childhood Home Visiting (N-MIECHV), Kearney, NE.

- April 18, 2017, Moderator, "Viewing and Discussing "Resilience," a film about Adverse Childhood Experiences (ACES). Nebraska HeadStart, N-MIECHV, and Department of Health and Human Services. Kearney, NE.
- February, March, April, May, 2017, Workshop Leader, "Helping Homeless Youth Process Trauma," Ongoing work with children, families and staff at Deep Roots at Clairvaux Farm, Earleville, MD.
- December, 2016, Workshop Leader, "Nurturing Resilience among Teens in Foster Care, a teen and staff interactive workshop," The Elizabeth Murphey School, Dover DE.
- November 2, 2016, Presenter and Workshop Leader, "Integrating Attachment & Trauma Therapy with Sensory Integration: Co-treatment for Therapeutic Success!" Brook Lane Health Services, Frederick, MD.
- October 28, 2016, Keynote Speaker, "Building the Best Team," Iowa Foster & Adoptive Parent Association, Coralville, IA.
- October 28, 2016, Workshop Presenter, "Supporting Healthy and Sustainable Transitions: From your hearts to others' hands." Iowa Foster & Adoptive Parent Association, Coralville, IA.
- October 15, 2016, "ACT for Children," Director, Presenter, evening fundraiser for About Child Trauma, Lancaster, PA.
- September 28, 2016, Workshop Leader, "Learning and Practicing Empathy," Drama Club, The New School, Lancaster, PA.
- August 15, 2016, Presenter & Workshop Leader, "Hands-on Parenting, Teens in Group Foster Care," The Elizabeth Murphey School, Dover, DE.
- August 11, 2016, Presenter, "Program for Children of War," Social Enterprise Institute, Elizabethtown College, Elizabethtown, PA.
- May 19, 2016, Presenter and Workshop Leader, "Parenting Teens in Group Foster Care,"
   The E. Murphey School, Dover, DE.
- May 17, 2016, Presenter by Skype, "Parenting Children with Reactive Attachment Disorder," Parent Group of Healing Hearts Cares, Madison, WI.
- April, May 2016, Moderator, "Film Series, Ending the Cycle," Family and Community Partnerships of Kent County, Chestertown, MD.
- March 29, 2016, Workshop Co-Facilitator, "ADHD and Neurofeedback: Making the difference," with Bob Patterson PT, Chestertown, MD.
- December 17, 2015, Presenter, Workshop Leader, "Working with Teens in a Shelter," GTCC, Wilmington, DE.
- October 7, 2015, Keynote Speaker, "Be the Change," Bethany Christian Services Global Leadership Conference, Chicago, IL.
- September 24, 2015, Presenter, "When Family Visits Create Pain for Children in Foster Care," and Board Member, Advisory Committee Member, ATTACh Conference, Minneapolis, MN.
- September 16, 2015, Keynote Speaker, "Trauma of Displacement and Disrupted Attachment," Institute for Trauma and Loss, Worcester, MA.
- August 12, 2015, Workshop Leader, "Nurturing Resilience among Teens in Foster Care, a teen and staff interactive workshop," Governor Terry Children's Center, Wilmington, DE.
- July 15 & 29, 2015, Workshop Leader, "Nurturing Resilience among Teens in Foster Care, a teen and staff interactive workshop," Governor Terry Children's Center, Wilmington, DE.

- June 17, 2015. "Nurturing Resilience: Working with Teens in Foster Care." Governor Terry Children's Center, Wilmington, DE.
- May 27, 2015, "Traumatized Children: What To Expect in Teen Years?" The Elizabeth Murphey School, Dover, Delaware.
- April 11, 2015. "Nurturing Attachments: An Interactive Group Workshop for Children and Parents." For A Better Chance for Our Children. Wilmington, DE.
- March 11, 2015. Presenter, Workshop Leader, "Reactive Attachment Disorder: Understanding the Effects of Attachment Trauma on Child Development". Brook Lane Health Services, Hagerstown, PA.
- September, 2014, Webinar Interview, "ATN Educational Summit," Attachment and Trauma Network.
- August 20, 2014, Webinar, Presenter, "The Attachment, Trauma, and Sensory Connection," Bethany Christian Services.
- August 13, 2014, Trainer, "Evaluation Reviews: what are we measuring and how to we assess?" Caroline County DSS, Maryland.
- July 7, 2014, Trainer, "Assessing the Child with Complex Trauma," Caroline County DSS, Maryland.
- Summer, 2014, Workshop Leader, "Nurturing Resilience among Teens in Foster Care, a teen and staff interactive workshop," The Elizabeth Murphey School, Dover DE.
- June 16, 2014, Presenter, Workshop Leader, "Marschak Interaction Method (MIM)
  withChildren: assessing families' attachment strengths," Caroline County DSS,
  Caroline County, MD.
- May 29, 2014, Presenter, Workshop Leader, "Bouncing Back from Trauma: Nurturing Strength and Resilience," Trauma Hurts: Transforming Lives Together for Better Outcomes, Foster Parent Conference and Recognition Luncheon, Division of Family Services, Delaware.
- May 19, 2014, Radio Show Guest, "Foster Talk with Dr. John DeGarmo," www.BlogTalkRadio/RapidTalk.
- May 9, 2014, Presenter, "What You Should Know about Sensory Processing Disorder," New York State Citizens' Coalition for Children, Albany, NY.
- May 9, 2014, Presenter, "Assessing Mental Health Services," New York State Citizens' Coalition for Children, Albany, NY.
- May 2, 2014, Presenter, Workshop Leader with Phyllis Booth of The Theraplay Institute<sup>™</sup>, "Incorporating Theraplay in Daily Life with Children and Teens in Foster Care," The Elizabeth Murphey School, Dover, DE.
- May 1, 2014, Presenter with Phyllis Booth of The Theraplay Institute<sup>™</sup>, "Using the Marschak Interaction Method of Assessment," The Elizabeth Murphey School, Dover, DE.
- April 30, 2014, Presenter, Workshop Leader with Phyllis Booth of The Theraplay Institute™, "Marschak Interaction Method (MIM) with Children: a Workshop for Caroline County DSS," Caroline County DSS, Maryland.
- April 12, 2014, Presenter, Workshop Leader, "Parent/Child Interactive Training and Workshop," A Better Chance for Our Children, Adoption and Foster Care Agency, Wilmington, DE.
- March 29, 2014, Presenter, Workshop Leader, "Parent/Child Interactive Training and Workshop," A Better Chance for Our Children Adoption and Foster Care Agency, Wilmington, DE.

- March 27, 2014, Presenter, Workshop Leader, "Working with Children Who Have Attachment Trauma," The Elizabeth Murphey School, Dover, DE.
- March 7, 2014, "Understanding the Connection: Sensory Processing and Disruptions in Attachment," with Christine Achenbach, OTR/L, The Occupational Therapy Department of Elizabethtown College, Elizabethtown, PA.
- February 20, 21, 2014, "A Sensory Integrative Approach: Parenting and Working with Children in Foster Care," with Christine Achenbach, OTR/L, The Elizabeth Murphey School, Dover, DE.
- January 30, 2014, Presenter and Workshop Leader, "Working with Children with Attachment Trauma, Part 2" The Elizabeth Murphey School, Dover, DE.
- January 16, 2014, Presenter and Workshop Leader, "Working with Children with Attachment Trauma, Part 1" The Elizabeth Murphey School, Dover, DE.
- December 4, 2013, Presenter and Workshop Leader, "Helping Families Maintain and Strengthen Foster and Adoptive Placements," Anne Arundel County Department of Social Services, Annapolis, MD.
- December 3, 2013, Workshop Leader, "Foster Parents Workshop" Anne Arundel County, Annapolis, MD.
- November 20, 2013, Presenter, "Sibling Placement in Foster Care who makes the decision, how to transition between placements?" Anne Arundel Department of Social Services, Annapolis, MD.
- August, 2013, Presenter, "It All Started with Trauma," Webinar Essentials Series, ATN Learning Center, Attachment & Trauma Network, Inc.
- November 13, 2013, Presenter, "Healing the Trauma of Disrupted Attachment," Caroline County DSS, Denton, Maryland.
- August, 2013, Moderator, "Therapeutic Parenting: Getting Started," Webinar Essentials Series, ATN Learning Center, Attachment & Trauma Network, Inc.
- August, 2013, Presenter, "Is Therapy Necessary," Webinar Essentials Series, ATN Learning Center, Attachment & Trauma Network, Inc.
- July 11, 2013, Featured Speaker, "Accessing Appropriate Mental Health Services," PA Permanency Annual Conference/Diakon SWAN, Lancaster, PA.
- July 11, 2013, Featured Speaker, "Structuring and Nurturing the Emotionally At-Risk Child: Productive and Healing Hands-On Skills," PA Permanency Annual Conference/Diakon SWAN, Lancaster, PA.
- June 25, 2013, Professional Consultation, Anne Arundel County Department of Social Services, Annapolis, MD.
- June 1, 2013, "Promoting Healthy Attachments in Your Family System," A Better Chance for Our Children, Wilmington, DE.
- May 16, 2013, "Foster Parent Hands-On Workshop," Eastern Shore, MD, Regional Social Services Group, Chestertown, MD.
- May 1, 2013, "Addressing Traumatic Breaks in Attachment: Skill Building for Professionals," Anne Arundel County Department of Social Services, Annapolis, MD.
- April 18, 2013, "Powerful Healing: Understanding and Treating Attachment-Related Trauma of Childhood," Eastern Shore, MD, Regional Social Services Professional Training Group, Chestertown, MD.
- April 4, 2013, "Arts & Healing: Moving in the Right Direction," CALO Residential Treatment Facility, Lake of the Ozarks, MO.

- February, 2013, "Seeds of Violence: Looking at Root Causes," Washington College Center for Environment & Society, and the Whole Life Network.
- November, 2012, "Attachment and Its Impact on Child Development a Residential Workshop," Bangalore, India.
- September, 2012, "Getting Your Ducks in a Row Before You Go," Webinar for ATN (Attachment and Trauma Network), www.atn.org
- August, 2012, "It All Begins with Trauma," Webinar for ATN (Attachment and Trauma Network), www.atn.org.
- April 21, 2012, "Play Your Way to Love:" Parent and Child Workshop for understanding and skill-building, for Healing Hearts Family Counseling Center, and Children's Therapy Network, Madison, WI.
- April 20, 2012, "Advanced STAT™: An Advanced Professional Training for Healing Hearts Family Counseling Center, Children's Therapy Network, and Integrated Development Services, Madison, WI.
- April 18, 2012, "Reactive Attachment Disorder," Jefferson County Human Services, and Southern Child Welfare Training Partnership, Jefferson, WI.
- April 4, 2012, "Parenting Children with Attachment Traumas," <u>www.abcfoc.org</u>, A Better Chance for Our Children, Wilmington, DE.
- March 3, 2012. "Play Your Way to Love," Parent and Child Workshop for understanding and skill-building, A Better Chance for Our Children, Wilmington, DE.
- October 1,2011, "Enhancing Attachments: Parent Workshop for Skill-Building for Healthier Children and Families," It's About Childhood and Family, Inc, NASW-PA, innerwealth.org, Syracuse University David B Falk College of Sport & Human Dynamics & Families with Children from China of Central New York.
- September 30, 2011, "Enhancing Attachments: Professional Skill-Building for Healthier Children and Families," It's About Childhood and Family, Inc, NASW-PA, innerwealth.org, Syracuse University David B Falk College of Sport & Human Dynamics & Families with Children from China of Central New York.
- September 23, 2011, "All in the Family: The critical role parents play in therapeutic healing," 23<sup>rd</sup> Annual International ATTACh Conference, Omaha, NE
- September, 2011, Expert Witness, Criminal Trial, York, PA
- May 16, 2011, "Healing Disruptions in Attachment Traumas," Robin's Nest Inc., Glassboro, NJ
- May 12, 2011, "Making It Right: Trauma and Attachment Disorders, What Really Works," Advocates for Children of Trauma, Fort Worth, TX
- April 16, 2011, "Promoting Healthy Attachment in Your Family System," Upper Bay Adoption & Counseling Services, Wilmington, DE
- October 8-9, 2010, "Healing Disruptions in Attachment Traumas," Healing Hearts Family Counseling Center, Madison, WI
- October, 2010, "Attachment Disorders and Sensory Dysregulation, What's the Connection?" 33<sup>rd</sup> Annual Pennsylvania Occupational Therapy Association Conference, Scranton, PA
- April 30 & May 1, 2010, "Healing Disruptions in Attachment Traumas," Institute for Children and Families, Lancaster, PA
- January 25, 2010, conference session, Princeton House Behavioral Health, Princeton, NJ

- November, 2009 "Foster Parent Interactive Training," Church of the Brethren Youth Services, , Lancaster, PA
- October 17, 2009, "What Is Attachment and Why is it Important?" A Total Approach, Glen Mills PA
- July 11, 2009, 4<sup>th</sup> Annual International Theraplay Conference, Advanced Practice Trauma Panel. Chicago, IL.
- June 19 & 20, 2009, "Healing Traumas from Disrupted Attachment," Institute for Children and Families, Lancaster, PA
- May 19, 2009, "Healing the Wounded Child: (re)integrating the child into the family,"
   Autism One International Conference, Chicago, IL
- May, 2009, "Stress in Children: Short and Long-Term Effects and What We Can Do to Help," TOUCH Family Services, Institute for Children & Families, Lancaster, PA
- March 28, 2009, "Promoting Healthy Attachment in Your Family System," Institute for Children and Families, Lancaster, PA
- March 26, 2009, "Overcoming Barriers to Healthy Beginnings," Lancaster County Coalition for Healthy Mothers, Healthy Babies Spring Conference
- November 19, 2008 "Attachment Disorder and Trauma: Symptoms and Syndromes," Delaware Valley Adoption Council, Bala Cynwood, PA
- June 19, 2008, "Attachment-Related/Based Emotional Trauma," "Trauma and Cognition: What's the (Mis)Connection," "Trauma and the Brain," Children's Home of York, York, PA
- June, 2008, "How to Handle a Child Abuse Case," Lancaster County Bar Association
- May 3 6, 2008, Primary Speaker, First Asian Conference on Attachment, Singapore
- April 10 & 11, 2008, "Enhancing Attachment: Strategies for Families and Professionals": Welcoming remarks, "Incorporating Families into the Healing Process," Institute for Children and Families and Upper Bay Adoption and Counseling Services, Lancaster, PA
- April 10, 11, 2008, "Enhancing Attachments: Strategies for Families and Professionals," with Upper Bay Adoption and Counseling Services, HACC Lancaster Campus, Lancaster, PA
- February 11, 2008, "Trauma and Cognition: What's the (Mis)Connection?" Durand Academy
- February 7, 2007, "Attachment and Adoption: What is Attachment and Why is it Important?" Webcast, ThinkingofAdopting.com, Ellicott City, MD.
- April 19 & 20, 2007, "The Face of Trauma, The Heart of Healing," Institute for Children and Families, ATTACh, Central Pennsylvania Institute for Mental Health & COBYS Family Services, Lancaster, PA
- March 16, 17, 2007, "Two Day Professional Training: Reactive Attachment Disorder, Recognizing and Treating." ICF, Lancaster, PA.
- November 19, 2007 "Trauma and Cognition: What's the (Mis)Connection? Princeton, New Jersey School District, Princeton, NJ.
- July 9, 2006, "Attachment and Adoption: What is Attachment and Why is it Important?" webinar for Thinking of Adopting.com
- May 2006, EEG Spectrum International Clinical Interchange Conference, "Integrating Neurofeedback into Trauma and Attachment Therapy for Affect Regulation, Los Angeles, CA
- May 6, 2006, "Broken Attachments: Treating the Traumatized Child" Penn State College of Medicine/M.S. Hershey Medical Center, Hershey, PA.

- Sept. 15, 2005, "A Child's Story," 17<sup>th</sup> Annual International ATTACh Conference, Albuquerque, NM
- June 9, 2005, "Recognizing Emotional Trauma in Children," Pennsylvania Refugee Mental Health Network of Erie, PA.
- February 9, 2005, "Sequelae of War Trauma and Children's Psychological Development," Pennsylvania Refugee Mental Health Network.
- January 19, 2005, "Attachment Disorder and Trauma: Symptoms and Syndromes," Delaware Valley Adoption Council
- October 6, 2004, "Becoming a Family," Richmond, VA
- July 13, 2004, Penn State Capitol Area Early Childhood Summer Institute
- April 27, 2004, Invited Speaker, "Custody Forum," Chester County, PA, Bar Association
- January 16, 2004, "Becoming a Family," training program for Church of the Brethren Youth Services, Lancaster, PA
- October, 2002, "Introduction to Reactive Attachment Disorder" for 14<sup>th</sup> Annual International ATTACh Conference, Los Angeles, CA
- October 4, 2001, "Reactive Attachment Disorder" for Milton S Hershey Medical Center College of Medicine, Penn State, Valley Forge, PA
- May 31, 2001, "Reactive Attachment Disorder" for Children, Youth, and Families Consortium, Penn State U, Hershey, PA.
- 1997 2003, Multiple presentations to Rotary groups, on behalf of Rotary International Mental Health program: "Traumatized Children: Building Trust."

## **Court and Expert Witness Testimony in These Counties/States:**

- Lancaster, PA
- Cecil County, MD
- York County, PA
- Berks County, PA
- New Castle County, DE
- Kent County, DE
- Queen Anne's County, MD

#### OTHER

- Textbook profile: Cynthia Lightfoot, Michael Cole, Sheila R. Cole, "The Development of Children," sixth edition, Worth Publishers, 2009, pg. 218, "In the Field" profile: "Children with Reactive Attachment Disorder"
- Primary Speaker, Keynote and Workshop Presenter, First attachment/adoption conference in Asia, Singapore, May, 2008
- "Becoming a Family" included on suggested reading list, Center for Family Development, <a href="http://www.center4familydevelop.com/readinglist.htm">http://www.center4familydevelop.com/readinglist.htm</a>, ATTACh, <a href="www.attach.org">www.attach.org</a>, and other adoption-related websites.
- 2001 Recipient, Hollomon-Price Grant for Humanities and Education, "Healing the Wounded Child" presentations, Croatia, SOS Children's Villages